

Forest Sessions Referral Form

Viewpoint Centre CIO

Session details:

- Weekly on Thursdays, 10am-12:15pm
- Funded for 18 weeks, starting Autumn 2025
- Small groups, up to 12 children with 3 staff
- Children can attend for one or more sessions (does not have to be all 18 weeks)
- Activities include nature crafts, campfire cooking, shelter building, scavenger hunts, mindful walks, and exploring the woods

 mindful walks, and exploring the woods Please note: we are unable to provide 1:1 support
1. Referring School Details School name:
Contact person (SENCo/teacher):
Role:
Email:
Phone:
2. Pupil Details Name:
Date of birth:
Year group:
Parent/carer name:
Parent/carer contact (email/phone):
3. Needs & Support

Primary need (tick all that apply):

4. Consent

I confirm that:

- Parent/carer consent has been obtained for referral and participation.
- The pupil can attend outdoor sessions in a woodland environment.
- Relevant medical/behavioural information has been shared above.

Referrer signature: Date:
Submission Please return completed forms by email to: info@viewpointcentre.org
(For urgent queries call: 0300 772 9692 — please note this line is not always staffed.)
□SEN
□ Neurodivergent (e.g. ASC, ADHD)
☐ Anxiety / school avoidance
☐ Social/emotional needs
□ Other (please specify):
Any known risks (medical, allergies, behavioural):

Support required during sessions (please note we are unable to offer 1:1 support):