

LEARN HOW TO RECOGNISE  
EARLY SIGNS AND PREVENT YOURSELF  
OR OTHERS BECOMING:  
**SHUT DOWN  
EXPLOSIVE**  
DISENGAGED OR DISRUPTIVE  
WANTING TO RUN AWAY  
WE WANT TO GIVE YOU EXTRA SKILLS  
TO READ BODY LANGUAGE, STRATEGIES TO CALM  
AND ENGAGE AND ACTIVITIES TO GROW RESILIENCE!

WE CAN DELIVER THIS WORKSHOP AT VIEWPOINT  
STABLES (WITH HORSES) OR IN  
**SCHOOLS OR OTHER**  
SETTINGS (WITHOUT HORSES).  
GROUPS OF APPROX 8 - 12  
**FREE OF CHARGE FOR**  
EX-PARTICIPANTS OF OUR RESTART  
COURSE, THEIR FAMILIES AND REFERRAL AGENCY.  
PLEASE GET IN TOUCH FOR MORE  
INFORMATION [INFO@VIEWPOINTCENTRE.ORG](mailto:INFO@VIEWPOINTCENTRE.ORG)



**Viewpoint  
Centre**

NON-VERBAL TOOLBOX  
TRAINING AT THC SURREY HUB:  
VIEWPOINT CENTRE CIO



# WHY US?

LEADERS IN NON-VERBAL INTERVENTIONS  
EXPERTS IN READING AND  
RESPONDING TO BODY LANGUAGE -  
**ORIGINALLY WITH HORSES!**

SINCE 2010 DELIVERING SUCCESSFUL INTERVENTIONS  
WITH "HARD TO REACH AND  
TREAT" PEOPLE REFERRED BY PROFESSIONALS  
IN MENTAL HEALTH, SOCIAL WORK AND  
EDUCATION - WHEN TALKING ISN'T WORKING  
MULTIPLE EXTERNAL STUDIES & EVALUATIONS  
[WWW.THEHORSECOURSE.ORG/EVIDENCE](http://WWW.THEHORSECOURSE.ORG/EVIDENCE)